FCSS Agenda

March 13, 2023 at 3:30 p.m. Town Office Council Chambers 502 -2nd Avenue

VISION

Bassano FCSS is a strong partner in a healthy community.

Mission

Bassano FCSS works to build a strong community through locally driven proactive partnerships and preventative programming.

- 1. Call to Order
- 2. Attendance and Regrets
- 3. Adoption of Agenda for March 13, 2023
- 4. Adoption of Minutes
 - 4.1 February 6, 2023
- **5. Financial Summary**
 - 5.1 Period ending February 28, 2023
- 6. Director's Report
 - 6.1 Period ending February 28, 2023
- 7. CAO Report

None

8. Unfinished Business

None

- 9. New Business
 - 9.1 2023 Volunteer Week Programming
 - 9.2 Volunteerism Fire Prevention Week
 - 9.3 2023 May Programming
- 10. Correspondence

None

11. Adjournment

Next Meeting Date: April 3, 2023 at 3:30 p.m.





MINUTES OF THE REGULAR BASSANO FCSS ADVISORY BOARD MEETINGELD ON FEBRUARY 6, 2023

ADVISORY BOARD MEMBERS

- Tammie Hauck
- Christine Petkau
- Kevin Jones
- Alice Slomp
- Evelyn Jensen
- Sandra Mitchell
- Heather Basarab

ADMINISTRATION

- Amanda Davis, CAO
- Amanda Barron, FCSS Director

1. CALL TO ORDER

CHAIR HAUCK called the meeting to order at 3:38 p.m.

2. ATTENDANCE AND REGRETS

• Heather Basarab

3. ADOPTION OF AGENDA

FCS\$3/2023 Moved by MEMBER SLOMP that the February 6, 2023 agenda is approved as presented.

CARRIED

4. MINUTES

4.1 January 19, 2023 - Organizational

FCSS 4/2023 Moved by MEMBER PETKAU to approve the minutes of the January 19, 2023 FCSS Advisory Board organizational meeting as presented.

CARRIED

4.2 January 19 , 2023 - Regular

FCSS 5/2023 Moved by MEMBER JONES to approve the minutes of the January 19, 2023 FCSS Advisory Board meeting as presented.

CARRIED

5. FINANCIAL SUMMARY

None

6. **DIRECTOR'S REPORT**



6.1 Director's Report - January 31, 2023

FCS96/2023 Moved by MEMBER MITCHELL that the FCSS Directors report for the period ending January 31, 2023 is approved as presented and discussed.

CARRIED

7. CAO REPORT

None

8. <u>UNFINISHED BUSINESS</u>

8.1 P-FCSS005- New Member Application Policy - Amendment

FCS37/2023 Moved by MEMBER JENSENthat the FCSS Advisory Board approves policy P-FCSS005 New Member Application Policy as amended.

CARRIED

9. NEW BUSINESS

9.1 New Member Application - Kacia Reid

FCSS 8/2023 Moved by MEMBER SLOMP that the FCSS Advisory Board recommends that Town Council formally appoint Kacia Reid as volunteer member of FCCS Advisory Board in accordance with the skill matrix. The FCSS Advisory Board has reviewed the Board Skill Matrix and all onboarding requirements have been met, and contingent upon the clearance of Vulnerable sector and Criminal record checks.

CARRIED

10. CORRESPONDENCE

10.1 Minister of Seniors, Community and Social Services was reviewed.

FCSS 9/2023 Moved by MEMBER JONES to accept the correspondence and file item as information.

CARRIED

11. MEETING ADJOURNED

FCSS0/2023 Moved by CHAIR HAUCK for adjournment of the regular meeting at 4:31 p.m.

CARRIED

Chair Signature	Director Signature



TOWN OF BASSANO

Page 1 of 1 2023-Mar-3 4:07:25PM

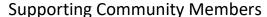
(51) 2023 FCSS Departmental Budget YTD 02-28-2023

General Ledger	Description	2023 Budget	2023 Actual	2023 Budget Remaining \$
Revenue				
1-51-00-410-00	FCSS - 2023 WOMEN'S WELLNESS	0.00	(1,890.48)	1,890.48
1-51-00-590-00	FCSS - OTHER REVENUE	0.00	0.00	0.00
1-51-00-595-00	FCSS - COMMUNITY CHRISTMAS DONATIONS	0.00	(319.40)	319.40
1-51-00-840-00	FCSS - CONDITIONAL GRANT	0.00	0.00	0.00
1-51-00-850-00	FCSS - GRASSLANDS FCSS /TOWN CONTRIB.	0.00	(12,474.00)	12,474.00
* TOTAL Reven	ue	0.00	(14,683.88)	14,683.88
Expenditure	•			
2-51-00-110-00	FCSS - SALARIES	0.00	8,050.56	(8,050.56)
2-51-00-130-00	FCSS - EMPLOYER CONTRIBUTIONS	0.00	623.77	(623.77)
2-51-00-135-00	FCSS - AUMA BENEFITS	0.00	1,125.07	(1,125.07)
2-51-00-137-00	FCSS RRSP CONTRIBUTION	0.00	200.00	(200.00)
2-51-00-150-00	FCSS - ADM TRAINING & EDUCATION	0.00	0.00	0.00
2-51-00-200-00	FCSS PROGRAMS	0.00	198.00	(198.00)
2-51-00-200-01	FCSS PROGRAM - 2023 WOMEN'S WELLNESS	0.00	612.00	(612.00)
2-51-00-211-00	FCSS -TRAVEL/LODGE/PHONE & BOARD DEVEL.	0.00	274.14	(274.14)
2-51-00-220-00	FCSS - ADVERTISING & MEMBERSHIPS	0.00	(74.06)	74.06
2-51-00-510-00	FCSS - GENERAL GOODS & SUPPLIES	0.00	0.00	0.00
2-51-00-595-00	FCSS - COMMUNITY CHRISTMAS	0.00	0.00	0.00
* TOTAL Expen	diture	0.00	11,009.48	(11,009.48)

^{***} End of Report ***

FCSS Director's Report

Period Ending: February 28, 2023 Prepared By: Amanda Barron, Director





SUPPORTS

Seniors Benefits

In the month of February, we assisted community 5 members with seniors benefits and program enrollment.

PROGRAMS

Youth on Board

Legal council was contacted January 25, 2023 to provide guidance on the Youth on Board program to confirm the outlined program is with in legislation. Refer to the attached letter to open up for board discussion. **DISCUSSION Required.**

Rural Pop Up

Formerly known as Parents and Tots, we received the signed Terms of Reference. The program start date was pushed back until March 21st, 2023, because the SPEC program schedule was already in place for February. Due to a previously booked function our first session will be held at the joint use space at the Arena with future sessions to be held at the community hall. Safe Communities would like to host a car seat clinic during one of these sessions if possible.

Canadian Volunteer Tax Program

All software and requirements are completed to begin facilitation, advertising material went to the public on February 24, 2023.

PROGRAM DEBREIFS

Random Acts of Kindness Coupons

FCSS distributed 125 coupons throughout the community in February. Upon speaking with the Bassano RCMP Constable Mamchur, he stated his officers enjoyed being a part of the distribution and asked in the event FCSS does this program in the future they would love to participate again.

Some coupons were delivered at random secretly and others given to the recipient. People were happy and smiling when they received the coupon. It would be encouraged to opt only for face-to-face delivery, so residents have a moment of human connection in the future.

Anti-Bullying Video Series

FCSS posted 12 videos in February on the importance of demonstrating kindness. The videos featured residents and enforcement officers. The video series has been well received by community members with views ranging from 75-250 per video, with the largest impact coming from the videos featuring children and seniors. Through the series we increased our community exposure via Facebook by 35 followers.

FCSS Director's Report

Period Ending: February 28, 2023 Prepared By: Amanda Barron, Director



Supporting Community Members

Family Day Giveaway

The winner of the Family Day Giveaway Bowling Pass Cindy and Dexter Pearson with 30 entries.

INITIATIVES

Welcome Wagon (WW)

In the month of February there were four Welcome Packages distributed.

I am in the process of compiling items for the next round of packages from contributors. FCSS has a budget of \$500.00 allocated to replenishing items. At present I am using up items that are preexisting in the office. There are currently 5 packages on hand for distribution.

419 3rd Ave	7-Feb-23
340 2nd Ave	8-Feb-23
302 7th St	24-Feb-23
819 Center St close	28-Feb-23

GENERAL UPDATES

Seniors Week

A Healthy Community Grant was submitted to support Senior's Week programing for \$1,500. Updates to follow.

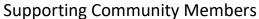
UPCOMING PROGRAMS

Women's Wellness

- Advertising has been distributed in Duchess, Rosemary, Gem, and Hussar through their Facebook Community pages. It was also added to Newell Region Tourism's website. I inquired into advertising at the Brooks Bulletin however the cost did not fit into our working program budget.
- We have been granted the use of Black tablecloths and teal runners thanks to Kaylien
 Wirachowsky, Bassano School also has white table cloths we would have access to.
- Bassano 4H is unable to assist with Lunch Service, Bassano Grad class has been approached to fill this space.
- 60 tickets have been sold to date for the event.

FCSS Director's Report

Period Ending: February 28, 2023 Prepared By: Amanda Barron, Director



At the meeting, we will spend time working through WW action items and I will provide a detailed update on steps completed to date. A few of the matters, the Advisory Board will need to make decisions on are referenced below.

- Event volunteer time and task assignment Priority
- Ticket sale updates
- FCSS movement practice schedule
- Final table décor decision.
- What special touches if any do we want to incorporate.
- Napkins? Cloth Disposable
- Questions / Concerns

Attachments

1. Action Items – no action required.



Town of Bassano FCSS Advisory Board Action Items List 2023

January 19, 2023 Regular Board Meeting			
Kelly,T	Resolution Index	Complete	
Kelly,T	Rotate Minutes on website	Complete	
Davis, A.	Contact legal re: addition of youth on board and any conflicting legislation.	Inquiry sent to RMRF of Jan. 25, 2023	
Barron, A.	Update Youth on Board initaitive outline to include discussions of Jan. 19, 2023.	In progress Feb 3, 2023	
Barron, A	Meet with SPEC to finalize Parents and Tots, sign TOR	Completed Feb13/2023	
Barron, A.	Update Women's Wellness Outline and project budget as discussed with board.	Completed Feb 8, 2023	
Barron,A	Contact Elsa Martin to speak at Women's Wellness, cost, services, FCSS roles	Completed Feb 22/23	
Barron A	Design and Print Program WW	Completed Feb 22/23	
Barron,A	50/50 liscense April 1,2023 Women's Wellness		
Barron,A	Develop Meal Plan for WW 2023	Completed Feb 9, 2023	

February 6, 2	023 Regular Board Meeting	
Kelly,T	Resolution Index	Complete
Kelly,T	Rotate Minutes on website	Complete
Barron, A	Send recommendation to council for new member Kacia Reid approval	Completed Feb 7, 2023
Barron, A	Prepare Board Binder for KR pending council approval	Completed Feb15/2023
Barron, A	Draft practice schedule with Sanda re/ FCSS Movement@WW	
Barron, A	Email Tammie digital copies of WW advertising for distribution in Hussar	Completed Feb 8, 2023
Barron, A	Contact Brooks Bulliten to have Womens Wellness advertising added.	Completed Feb 8, 2023
Barron, A	Email Elsa Martin re/Videography not in budget	Completed Feb 8, 2023
Barron, A	Contact Kaylien Wirachowsky re/ Tablecloths and 4H service.	Completed Feb 8, 2023
Barron, A	Update Women's Wellness buget to reflect board decisions	Completed Feb 8,2023
Barron, A	Update Women's Wellness Program Outline to reflect board decisions	Completed Feb 9, 2023



OPEN DISCUSSION

Meeting Date: March 13, 2023 Agenda Item: 9.1

2023 Volunteer Week Programming

BACKGROUND

Traditionally, FCSS plans a volunteer recognition event during Volunteer Appreciation Week. Past events have included prizes by nomination, video of volunteers, a recognition dinner, and community entertainment. Events have often been in partnership with the Playfair Lodge.

Volunteer Appreciation Week is April 16-22, 2023 and we must decide our capacity to deliver an event. It is important to ensure we have enough time to plan and administer the event before/after Women's Wellness. It is also acceptable to postpone volunteer appreciation events to the end of April.

PROGRAMMING IDEAS

The Town is eligible to apply for a \$600 grant through Volunteer Alberta pending we meet the following three criteria.

- 1. Recognition of volunteers
- 2. Promotion of volunteerism
- 3. Recruitment of volunteers
- 1. This year Playfair Lodge has planned a celebration of their own to be hosted on April 20, 2023 including entertainment from Alex Allary.
 - Maybe there is an opportunity to plan around this celebration or contribute to the event in some way?
- 2. Online Volunteer Slideshow
 - Invite community members to submit volunteer photos to be compiled and marketed online through a slideshow.
 - Community nomination for volunteer appreciation whereby the selected individual(s) receives a gift from FCSS.
 - Develop marketing material to promote the benefits of volunteering.
- 3. Community Fire with Coffee and Kitkats "Have a Break on Us"

- Arrange a community fire and give out coffee cups and kitkats to attendees.
- Design and print WE Benefit Bassano mugs with the inclusion of a kitkat bar. Deliver to volunteers in appreciation to "Have a Break on Us".
- Develop marketing material to promote the benefits of volunteering.

The above is a starting point to get the conversation going.

DIRECTOR COMMENTS:

It is in FCSS's best interest not to plan two larger scale events in April. Rather, it would be appropriate to alternate larger scale volunteer appreciation events on alternating years of Women's Wellness. Supportive programming in 2023 is advisable.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Attachments:

1. None



OPEN DISUCSSION

Meeting Date: March 13, 2023 Agenda Item: 9.2

Volunteerism - Fire Prevention Week

BACKGROUND

A unique opportunity to promote volunteerism in Bassano is available in preparation for Fire Prevention Week, October 8-14, 2023. Traditionally, FCSS has not engaged in Fire Prevention Week programs, yet it is ripe with opportunity. As a local fire fighter, I have firsthand knowledge around the importance of fire safety, educational needs, and the impact this volunteer service has on the community.

One of the FCSS priorities is to facilitate and promote expanded volunteerism, to help connect people to positions. In recognition of the volunteer fire department, and the promotion of fire safety, FCSS could host a Children's Production performer, Mary Lambert. Lambert hails from Raymond, Alberta and offers yearly performances. "Sing out on Fire Safety" is one of her offerings. The performance is designed to captivate and teach children the important messages of fire prevention and safety through interactive music, dance, drama, colorful costumes, humor, and fun! Through this program, children are encouraged to go home and teach their parents the things they have learned.

Fire prevention saves lives! The performance includes 11 songs specific to fire safety. The cost to offer "Sing out on Fire Safety" is \$750. Adjusting some of the seasonal program expenses from the first quarter, the event could be managed within the FCSS program budget. Additionally, if the board is favorable to the idea, it allows us to seek grant funds to help offset the cost of the event.

Ideally, FCSS would partner with the school and the fire department to deliver this event. The sky is the limit on youth involvement and participation. Invitations could be extended to Gem and other areas.

In October, traditional FCSS programs include an event for Halloween. It would be beneficial to expand on Fire Prevention Week.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Attachments:

1. None



OPEN DISCUSSION

Meeting Date: March 13, 2023 Agenda Item: 9.3

2023 May Programming

BACKGROUND

The month of May is host to Mental Health Week, International Day of Families and Red Dress Day. FCSS has provided programming for Mental Health week through recognition by tying green ribbons, mental health first aid kits a most recently providing a low-cost BBQ meal.

International Day of Families falls on May 15th each year. Previously, FCSS has recognized this day by constructing a scavenger hunt.

To the best of my knowledge FCSS has not participated in Red Dress Day practiced on May 5th to raise awareness for missing and murdered indigenous women.

Programming Ideas

As shown above, there are three key themes for May that FCSS can easily program around. Below are program ideas that can be managed or expended upon.

Red Dress Day - May 5, 2023

Red Dress Day, also known as the National Day of Awareness for Missing and Murdered Indigenous Women and Girls and Two-Spirit People, is observed on May 5. The day honours and brings awareness to the thousands of Indigenous women, girls and two-spirit people who have been subject to disproportionate violence in Canada. Red Dress Day was inspired by Métis artist Jaime Black's *REDress Project* installation, in which she hung empty, red dresses to represent the missing and murdered women. Red dresses have become symbolic of the crisis as a result of her installation.

Missing and murdered Indigenous women, girls and Two-Spirit People (MMIWG2S) is a human rights crisis of gender-based and racialized violence in Canada. The number of victims of the ongoing tragedy is contested. A 2014 Royal Canadian Mounted Police report identified 1,181 Indigenous women and girls who went missing or were murdered in Canada between 1980 and 2012. (*See also* Highway of Tears.) However, Indigenous groups place this number at more than 4,000, citing underreporting and ineffective data keeping as reasons for the discrepancy. (*See also* Indigenous Women's Issues in Canada.)

In Canada, Indigenous women, girls and members of the 2SLGBTQQIA (two-spirit, lesbian, gay, bisexual, trans, queer, questioning, intersex and asexual) community face disproportionate amounts of violence. While Indigenous women account for less than 5 per cent of the Canadian population, they make up 24 per cent of female homicide victims.

Encouraging localized awareness about the importance of Red Dress Day is a good first step in Bassano. When thinking about the meaning of Red Dress Day, how can we make a *visual* statement that stops people and makes them think?

- 1. Develop an online and print Red Dress campaign to encourage community participation to wear a red dress in memory of Indigenous women who have been lost.
- 2. Inquiry with Siksika neighbors to bring in a community speaker and initiate a prayer, or information session at the Community Hall.
- 3. Set-up a place of prayer and honor outside the Town Office with information about Red Dress day.
- 4. Develop online material and an information board at the Town Office as an educational tool.



Mental Health Awareness Week - "Let's Connect" - May 15-21, 2023

Mental health awareness now highly prioritized. Upper levels of government, communities, non-profit, and industry participates to offer mental health supports for people. As the social service provider, it is important to FCSS to do the same – we are the conduit or the connectors in the community. The theme for Mental health week 2023 is "Let's Connect".

Before discussing program options, it would be valuable to have a round table discussion -

- 1. What does mental health mean to the board?
- 2. How do we create a community that prioritizes and engages in positive mental health? What might that look like?
- 3. How do we know if people are suffering from mental health?

4. What supports can we identify that is offered by FCSS to promote positive mental health? Are we getting the message out?



In the spirit of connecting, possible programs include:

- 1. Paperchain building facilitate an activity to design, create and build paperchains and string the chain at a defined location in town.
- 2. Get out and walk organize a community walk day with special stops (e.g. school grounds during recess to see children playing, main street businesses, Playfair Lodge, the golf course for nature, etc. Each stop could include a mental health promotional item or group chat.
- 3. Sidewalk chalk messages throughout downtown.
- 4. Bring awareness to mental health by posting links to resources on social media platforms.

5. Host an afternoon to make homemade massage oil, bath bombs, stress balls, foot scrub as our Rejuvenation Station to encourage self-care.

International Day of Families - May 15, 2023

The International Day of Families is held on May 15 to celebrate the importance of families and the work started during the International Year of Families. It is an international observance declared by the United Nations (UN) General Assembly with the aim of celebrating the role of families in society. Policy makers and stakeholders also promote awareness of issues affecting families all over the world and seek public participation to resolve those issues. Since 1996, the UN Secretary General, in conjunction with designated agencies, selects the theme to celebrate on this day, with a key focus on the role of the family in socioeconomic issues.

History of the International Day of Families

In past decades, the family structure has changed drastically due to evolving global demographic trends. Even with the changing family structure, the UN still recognizes the family as the basic unit of society. During the 1980s, the UN increased its concern about issues affecting families in society. With recommendations from the Economic and Social Council and the Commission for Social Development, the UN developed resolution 1983/23 regarding the family's role in economic growth and development, and urged the UN Secretary General to draw the attention of public policy makers to the developmental hindrances rooted in the family setting.

Symbol

The International Day of Families is represented by the symbol of a heart that stretches upwards and forms the roof of a house. The heart is then engraved in a green circle to signify that the family is the center of society and provides a stable abode to support people of all ages. Over the years, the holiday has inspired different countries to create their own symbols for family day and support community-based awareness events that draw attention to issues concerning families in modern times.



Celebration Events

The International Day of Families is observed globally amongst all world cultures. Most communities honor the day through public exhibitions and discussions to deliberate on ideas that are relevant to the specific theme of that year. In some countries, toolkits are created to help communities organize celebrations targeting different sections of the population such as teenagers, youths, and young adults. During these celebrations, public officials hold seminars and forums to discuss the policies that affect the family. The day also provides a great opportunity for people to spend time in either their nuclear or extended families.

Before discussing program options, it would be valuable to have a round table discussion:

- 1. What does International Day of Families mean to the board?
- 2. How do we create a community that prioritizes and engages in day of families? What might that look like?
- 3. How do we know if people are engaged in day of the families?
- 4. What supports can we identify that is currently offered by FCSS to promote day of families? How can we tie this into a program or event on May 15?

Programming options may include:

- Hosting a family cooking class aimed at developing healthy choices children, adults, and seniors.
- 2. Prepare a scavenger hunt/family engagement activities for distribution if we proceed with this option, what is the intent of the scavenger hunt? What message are we delivering and what it the intended impact?
- 3. Organize a family board games/card games event at the Community Hall, whereby we setup tables with different games and invite the community to come play and interact. By organizing this as a community event, we can encourage people and families to join as many individuals do not have immediate family. We could offer popcorn and beverages.

Clarification and Considerations

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in program development.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Attachments:

1. None