

FCSS Agenda

April 3, 2023 at 3:30 p.m.

Town Office Council Chambers 502 -2nd Avenue



VISION

Bassano FCSS is a strong partner in a healthy community.

Mission

Bassano FCSS works to build a strong community through locally driven proactive partnerships and preventative programming.

1. Call to Order

2. Attendance and Regrets

3. Adoption of Agenda for April 3, 2023

4. Adoption of Minutes

4.1 March 13, 2023

5. Financial Summary

5.1 Period ending March 31, 2023

6. Director's Report

6.1 Period ending March 31, 2023

7. CAO Report

7.1 None

8. Unfinished Business

8.1 2023 May Programming

9. New Business

9.1 Meals on Wheels

9.2 June 2023 Programming – Part 1 – Small Town Smoke Down

9.3 2023 Bike Safety Rodeo

10. Correspondence

10.1 2023 Senior's Week Community Declaration

11. Adjournment

Next Meeting Date: May 1, 2023 at 3:30 p.m.



MINUTES OF THE REGULAR BASSANO FCSS ADVISORY BOARD MEETING HELD ON MARCH 13, 2023

ADVISORY BOARD MEMBERS

- Tammie Hauck
- Heather Basarab
- Christine Petkau
- Kevin Jones
- Alice Slomp
- Evelyn Jensen
- Sandra Mitchell
- Heather Basarab
- Kacia Reid

ADMINISTRATION

- Amanda Davis, CAO
- Amanda Barron, FCSS Director

1. CALL TO ORDER

CHAIR HAUCK called the meeting to order at 3:30p.m.

2. ATTENDANCE AND REGRETS

- Amanda Davis, CAO

3. ADOPTION OF AGENDA

FCSS 21/2023 Moved by **MEMBER PETKAU** that the March 13, 2023 agenda is approved as presented.

CARRIED

4. MINUTES OF JANUARY 19, 2023

FCSS 22/2023 Moved by **MEMBER JONES** to approve the minutes of the February 6, 2023 FCSS Advisory Board meeting as presented.

CARRIED

5. FINANCIAL SUMMARY

FCSS 23/2023 Moved by **MEMBER BASARAB** to approve the financial summary for the period ending February 28, 2023 as presented.

CARRIED

Member Slomp entered the meeting at 3:40 p.m.

6. DIRECTOR'S REPORT

6.1 Director's Report –February 28, 2023

FCSS24/2023 Moved by **MEMBER MITCHELL** that the FCSS Directors report for the period ending February 28, 2023, is approved as presented and discussed.

CARRIED

7. CAO REPORT

None

8. UNFINISHED BUSINESS

None

9. NEW BUSINESS

9.1 2023 Volunteer Week Programming

FCSS25/2023 Moved by **MEMBER MITCHELL** that the FCSS Advisory Board engages in 2023 Volunteer Week by developing a nomination-based program to recognize volunteers. The program will include six gift baskets, with winners selected by a random draw based on submissions. Gift baskets shall be delivered by the board with a total program cost of \$600.00. Administration shall submit an application to Volunteer Alberta to assist with program costs.

CARRIED

9.2 Volunteerism – Fire Prevention Week

FCSS26/2023 Moved by **MEMBER REID** that the FCSS Advisory Board secures the “Sing Out on Fire Safety” program with Mary Lambert to be hosted at the Bassano Community Hall in collaboration with Bassano School and Bassano Fire Department pending availability during the 2023 Fire Prevention Week. An invitation shall be extended to the community at large with a total program budget of \$750.00.

CARRIED

9.3 2023 May Programming

FCSS27/2023 Moved by **MEMBER PETKAU** to defer the discussion regarding May programming to the April 3, 2023 agenda.

CARRIED

10. CORRESPONDENCE



11. MEETING ADJOURNED

FCSS 28/2023 Moved by **CHAIR HAUCK** for adjournment of the regular meeting of March 13, 2023 at 5:06 p.m.

CARRIED

Chair Signature

Director Signature

Unapproved



TOWN OF BASSANO
 (51) 2023 FCSS Departmental Budget
 YTD
 03-27-2023

General Ledger	Description	2023 Budget	2023 Actual	2023 Budget Remaining \$
Revenue				
1-51-00-410-00	FCSS - 2023 WOMEN'S WELLNESS	0.00	(3,740.48)	3,740.48
1-51-00-590-00	FCSS - OTHER REVENUE	0.00	0.00	0.00
1-51-00-595-00	FCSS - COMMUNITY CHRISTMAS DONATIONS	0.00	(319.40)	319.40
1-51-00-840-00	FCSS - CONDITIONAL GRANT	0.00	0.00	0.00
1-51-00-850-00	FCSS - GRASSLANDS FCSS /TOWN CONTRIB.	0.00	(12,474.00)	12,474.00
* TOTAL Revenue		0.00	(16,533.88)	16,533.88
Expenditure				
2-51-00-110-00	FCSS - SALARIES	0.00	8,050.56	(8,050.56)
2-51-00-130-00	FCSS - EMPLOYER CONTRIBUTIONS	0.00	623.77	(623.77)
2-51-00-135-00	FCSS - AUMA BENEFITS	0.00	1,125.07	(1,125.07)
2-51-00-137-00	FCSS RRSP CONTRIBUTION	0.00	200.00	(200.00)
2-51-00-150-00	FCSS - ADM TRAINING & EDUCATION	0.00	(250.00)	250.00
2-51-00-200-00	FCSS PROGRAMS	0.00	298.00	(298.00)
2-51-00-200-01	FCSS PROGRAM - 2023 WOMEN'S WELLNESS	0.00	612.00	(612.00)
2-51-00-211-00	FCSS -TRAVEL/LODGE/PHONE & BOARD DEVEL.	0.00	297.97	(297.97)
2-51-00-220-00	FCSS - ADVERTISING & MEMBERSHIPS	0.00	(74.06)	74.06
2-51-00-510-00	FCSS - GENERAL GOODS & SUPPLIES	0.00	0.00	0.00
2-51-00-595-00	FCSS - COMMUNITY CHRISTMAS	0.00	0.00	0.00
* TOTAL Expenditure		0.00	10,883.31	(10,883.31)

*** End of Report ***

FCSS Director's Report

Period Ending: March 31, 2023

Prepared By: Amanda Barron, Director



Supporting Community Members

SUPPORTS

SENIORS BENEFITS

In the month of March, we assisted community 3 members with seniors benefits and program enrollment.

PROGRAMS

YOUTH ON BOARD

Legal council was contacted January 25, 2023 to provide guidance on the Youth on Board program to confirm the outlined program is with in legislation. This item of business had been tabled at our March 13, 2023 Advisory Board Meeting. **DISCUSSION Required.**

RURAL POP UP

Our first Rural Pop Up in collaboration with SPEC was hosted at the joint use facility in the Bassano Arena on March 21, 2023, we had 1 community member attend. I will create an informational page to detail what the program entails to be distributed on our social media profiles and Bassano Area moms page to increase knowledge on the purpose of this developmental program.

CANADIAN VOLUNTEER TAX PROGRAM (CVITP)

On March 8th FCSS began the CVITP which enables modest income citizens with simple tax situations to have their taxes prepared at no charge. To date FCSS has prepared 8 returns. We received confirmation on March 24, 2023, our grant application was successful, FCSS will receive the base amount of \$500.00 plus an additional \$5.00 per filed return. It takes on average 90 minutes to complete one return.

PROGRAM DEBRIEFS

WOMEN'S WELLNESS

A round table discussion is required to debrief on the event.

INITIATIVES

WELCOME WAGON

In the month of March there were 4 Welcome Packages distributed.

321 8th Ave	1-Mar-23
813 4th Ave	12-Mar-23
831 2nd Ave TC	15-Mar-23
227 3rd Ave	24-Mar-23

FCSS Director's Report

Period Ending: March 31, 2023

Prepared By: Amanda Barron, Director



Supporting Community Members

GENERAL UPDATES

MEETINGS

I attended the Community Services Collaboration Meeting on March 16, 2023. This meeting is designed to create connections to other service providers within Southern Alberta. Various organizations send representatives to update on new/upcoming programs and ensure people have access to needed resources. I was able to meet and speak with Korie Siebel from SEFAN collaborate on a programming option for Small Town Smoke Down.

GRASSLANDS FCSS

Lynn Pye Matheson is retiring from Grasslands FCSS in the fall of 2023. Her dedication to the community of social support services has impacted an abundance of lives throughout her career.

New leadership will come with change, there have been talks about updating the grant funding model which may have an impact on the funding Bassano FCSS receives yearly from Grasslands FCSS. We will keep the board apprised of future changes.

PROVINCIAL NEEDS ASSESMENT

On March 10th, 2023 FCSS was contacted concerning a call that had been placed to the FCSSAA wishing to have a Provincial Needs Assessment performed in Bassano, by an external person. I noted that existing FCSS Board Members have no concerns presently about the quality of programs that are currently coming out of our department. I also expressed that with new leadership comes change and that our board composition has made shifts in the new year losing a member and gaining two new advisory board members.

In our discussion regarding local programming, I expressed that the Directors position is in the first year of being a full time, that we are making many advancements to programs, administration and community engagement while promoting partnerships with other community entities. It was acknowledged that given the size of our community, spending our budget on performing a needs assessment would not be a wise use of funds. It was advised the use of the new toolkit that has been developed for use by smaller FCSS divisions that will be released in the next few months.

No further action is required.

UPCOMING PROGRAMS

VOLUNTEER WEEK - APPRECIATION

The Volunteer Alberta Grant application was submitted on March 27, 2023 for \$600. If successful FCSS will receive funds to aid in Volunteer Appreciation programming. The double-sided nomination and volunteer registry flyer was mass mailed to residents on March 24, 2023.

ATTACHMENTS

FCSS Director's Report

Period Ending: March 31, 2023

Prepared By: Amanda Barron, Director



Supporting Community Members

1. Action Items – no action required.

Town of Bassano
FCSS Advisory Board Action Items List 2023

January 19, 2023 Regular Board Meeting		
Kelly,T	Resolution Index	
Kelly,T	Rotate Minutes on website	
Barron,A	50/50 liscense April 1,2023 Women's Wellness	awaiting conf. from Sandra
Davis, A.	Contact legal re: addition of youth on board and any conflicting legislation.	Inquiry sent to RMRK on Jan. 25, 2023
February 6, 2023 Regular Board Meeting		
Barron, A	Draft practice schedule with Sanda re/ FCSS Movement@WW	Completed

March 13, 2023 Regular Board Meeting		
Kelly,T	Resolution Index	
Kelly,T	Rotate Minutes on website	
Barron, A	Add YOB to April 3, Directors Report	
Barron, A	Complete program summaries for February Programs	Completed 03-13-2023
Barron, A	prepare 2 sided advertising with nomination and Vollarunteer Intrest Forms for mail drop distribution and bullitens	Completed 03-24-2023
Barron, A	Distribute advertising on FB, e-sign and local bulliten boards & mail drop	
Barron, A	Purchase 6 gift baskets up to a value of \$100.00 each for Volunteer Week winners	
Barron, A	Perform random draw of 6 winners from nominations	
Barron, A	Hand deliver baskets,if participant approves take photo and ask why they volunteer?	
Barron, A	Prepare post for FB with winners and upload.	
Barron, A	Secure the "Sing out on Fire Safety" program by Mary Lambert for Fire Prevention Week	Completed March 27, 2023
Barron, A	Collaborate with Bassano Fire Department on facilitation of program	
Barron, A	Collaborate with County Fire Chief Stuart Luchies on program facilitation	
Barron, A	Book Community Hall for "Sing out on Fire Safety"	Completed March 17, 2023
Barron, A	Send invitations to Bassano School and Gem school to attend performance	
Barron, A	Collaborate with Bassano Fire Department to participate in performance.	

Town of Bassano
FCSS Advisory Board Action Items List 2023

Barron, A	Contact Stuart Luchies with opportunity for County Fire Departments to provide program in other communities.	
Barron, A	Draft advertising for public distribution for "Sing out on Fire Safety" performance.	
Barron, A	Add May programs Open Discussion to April 3, 2023 meeting.	Completed 03-24,2023

2023 May Programming

BACKGROUND

This matter was deferred at the March 13, 2023, meeting. Program decisions will be required at this meeting however, we did not have a chance to dive into the open discussion.

The month of May is host to Mental Health Week, International Day of Families and Red Dress Day. FCSS has provided programming for Mental Health week through recognition by tying green ribbons, mental health first aid kits a most recently providing a low-cost BBQ meal.

International Day of Families falls on May 15th each year. Previously, FCSS has recognized this day by constructing a scavenger hunt.

To the best of my knowledge FCSS has not participated in Red Dress Day practiced on May 5th to raise awareness for missing and murdered indigenous women.

Programming Ideas

As shown above, there are three key themes for May that FCSS can easily program around. Below are program ideas that can be managed or expended upon.

Red Dress Day - May 5, 2023

Red Dress Day, also known as the National Day of Awareness for Missing and Murdered Indigenous Women and Girls and Two-Spirit People, is observed on May 5. The day honours and brings awareness to the thousands of Indigenous women, girls and two-spirit people who have been subject to disproportionate violence in Canada. Red Dress Day was inspired by Métis artist Jaime Black's *REDress Project* installation, in which she hung empty, red dresses to represent the missing and murdered women. Red dresses have become symbolic of the crisis as a result of her installation.

Missing and murdered Indigenous women, girls and Two-Spirit People (MMIWG2S) is a human rights crisis of gender-based and racialized violence in Canada. The number of victims of the ongoing tragedy is contested. A 2014 Royal Canadian Mounted Police report identified 1,181 Indigenous women and girls who went missing or were murdered in Canada between 1980 and 2012. (See *also* Highway of Tears.) However, Indigenous groups place this number at more than 4,000, citing underreporting and ineffective data keeping as reasons for the discrepancy. (See *also* Indigenous Women's Issues in Canada.)

In Canada, Indigenous women, girls and members of the 2SLGBTQQIA (two-spirit, lesbian, gay, bisexual, trans, queer, questioning, intersex and asexual) community face disproportionate amounts

of violence. While Indigenous women account for less than 5 per cent of the Canadian population, they make up 24 per cent of female homicide victims.

Encouraging localized awareness about the importance of Red Dress Day is a good first step in Bassano. When thinking about the meaning of Red Dress Day, how can we make a *visual* statement that stops people and makes them think?

1. Develop an online and print Red Dress campaign to encourage community participation to wear a red dress in memory of Indigenous women who have been lost.
2. Inquiry with Siksika neighbors to bring in a community speaker and initiate a prayer, or information session at the Community Hall.
3. Set-up a place of prayer and honor outside the Town Office with information about Red Dress day.
4. Develop online material and an information board at the Town Office as an educational tool.



Mental Health Awareness Week – “Let’s Connect” – May 15-21, 2023

Mental health awareness now highly prioritized. Upper levels of government, communities, non-profit, and industry participates to offer mental health supports for people. As the social service provider, it is important to FCSS to do the same – we are the conduit or the connectors in the community. The theme for Mental health week 2023 is “Let’s Connect”.

Before discussing program options, it would be valuable to have a round table discussion –

1. What does mental health mean to the board?
2. How do we create a community that prioritizes and engages in positive mental health? What might that look like?
3. How do we know if people are suffering from mental health?

4. What supports can we identify that is offered by FCSS to promote positive mental health? Are we getting the message out?

INFLUENTIAL FACTORS IN Mental Health Outcomes

Health

Are your brain and body healthy enough to meet your needs?

<p>- NEGATIVE FACTORS</p> <ul style="list-style-type: none"> · Traumatic brain injury · Poor sleep hygiene · Chronic illness 	<p>+ POSITIVE FACTORS</p> <ul style="list-style-type: none"> · Self-care · Meditation · Exercise · Good nutrition
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Safety and Security

Are trauma, abuse, or violence compromising your ability to meet your needs?

<p>- NEGATIVE FACTORS</p> <ul style="list-style-type: none"> · Physical, emotional, sexual, or financial abuse · Posttraumatic stress · Community violence 	<p>+ POSITIVE FACTORS</p> <ul style="list-style-type: none"> · Safe schools · Services for those affected by violence · Domestic violence shelters
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Relationships

Do you have interpersonal support that can help you meet your needs?

<p>- NEGATIVE FACTORS</p> <ul style="list-style-type: none"> · Abusive relationships · Codependency · Unhealthy parent-child relationships 	<p>+ POSITIVE FACTORS</p> <ul style="list-style-type: none"> · Caregivers · Supportive family · Friends at work
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Resources

Do you have the materials, supplies, and services to meet your needs?

<p>- NEGATIVE FACTORS</p> <ul style="list-style-type: none"> · Low access to mental health services · Poverty · Low access to or underfunded services 	<p>+ POSITIVE FACTORS</p> <ul style="list-style-type: none"> · Housing · Access to education · Nutritious food and clean water
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PROBLEMS ASSOCIATED WITH HIGHER RATES OF NEGATIVE MENTAL HEALTH OUTCOMES

HIGH POVERTY

LOW GRADUATION (HIGH SCHOOL)

HIGH HOMELESSNESS

HIGH OBESITY

HIGH UNEMPLOYMENT

HIGH VIOLENT CRIME

HIGH CHILD MALTREATMENT

GoodTherapy.org

Source: Mental Health America, B4Stage4: The State of Mental Health in 2016 | <http://www.mentalhealthamerica.net/sites/default/files/2016%20MH%20in%20America%20FINAL.pdf>

In the spirit of connecting, possible programs include:

1. Paperchain building – facilitate an activity to design, create and build paperchains and string the chain at a defined location in town.
2. Get out and walk – organize a community walk day with special stops (e.g. school grounds during recess to see children playing, main street businesses, Playfair Lodge, the golf course for nature, etc. Each stop could include a mental health promotional item or group chat.
3. Sidewalk chalk messages throughout downtown.
4. Bring awareness to mental health by posting links to resources on social media platforms.

5. Host an afternoon to make homemade massage oil, bath bombs, stress balls, foot scrub as our Rejuvenation Station to encourage self-care.

International Day of Families - May 15, 2023

The International Day of Families is held on May 15 to celebrate the importance of families and the work started during the International Year of Families. It is an international observance declared by the United Nations (UN) General Assembly with the aim of celebrating the role of families in society. Policy makers and stakeholders also promote awareness of issues affecting families all over the world and seek public participation to resolve those issues. Since 1996, the UN Secretary General, in conjunction with designated agencies, selects the theme to celebrate on this day, with a key focus on the role of the family in socioeconomic issues.

History of the International Day of Families

In past decades, the family structure has changed drastically due to evolving global demographic trends. Even with the changing family structure, the UN still recognizes the family as the basic unit of society. During the 1980s, the UN increased its concern about issues affecting families in society. With recommendations from the Economic and Social Council and the Commission for Social Development, the UN developed resolution 1983/23 regarding the family's role in economic growth and development and urged the UN Secretary General to draw the attention of public policy makers to the developmental hindrances rooted in the family setting.

Symbol

The International Day of Families is represented by the symbol of a heart that stretches upwards and forms the roof of a house. The heart is then engraved in a green circle to signify that the family is the center of society and provides a stable abode to support people of all ages. Over the years, the holiday has inspired different countries to create their own symbols for family day and support community-based awareness events that draw attention to issues concerning families in modern times.



Celebration Events

The International Day of Families is observed globally amongst all world cultures. Most communities honor the day through public exhibitions and discussions to deliberate on ideas that are relevant to the specific theme of that year. In some countries, toolkits are created to help communities organize celebrations targeting different sections of the population such as teenagers, youths, and young adults. During these celebrations, public officials hold seminars and forums to discuss the policies that affect the family. The day also provides a great opportunity for people to spend time in either their nuclear or extended families.

Before discussing program options, it would be valuable to have a round table discussion:

1. What does International Day of Families mean to the board?
2. How do we create a community that prioritizes and engages in day of families? What might that look like?
3. How do we know if people are engaged in day of the families?
4. What supports can we identify that is currently offered by FCSS to promote day of families? How can we tie this into a program or event on May 15?

Programming options may include:

1. Hosting a family cooking class aimed at developing healthy choices children, adults, and seniors.
2. Prepare a scavenger hunt/family engagement activities for distribution – if we proceed with this option, what is the intent of the scavenger hunt? What message are we delivering and what is the intended impact?
3. Organize a family board games/card games event at the Community Hall, whereby we setup tables with different games and invite the community to come play and interact. By organizing this as a community event, we can encourage people and families to join as many individuals do not have immediate family. We could offer popcorn and beverages.

Clarification and Considerations

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in program development.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Attachments:

1. None



OPEN DISCUSSION

Meeting Date: April 3, 2023

Agenda Item: 9.1

MEALS ON WHEELS

BACKGROUND

The purpose of this open discussion is part fact finding, and part planning. We have identified various gaps in the Meals on Wheels program that fall to FCSS that require clarification.

It is our understanding that Meals on Wheels was originally started in Bassano to fill a need, initiated by FCSS. We are unable to find any file that clarifies the working relationship with users of the program.

A Terms of Reference that outlines the roles and responsibilities between the Town and Playfair Lodge is required if the FCSS board determines that the program shall continue. In addition, users of the program need to apply for the service to ensure they have means to pay. Currently, neither of these exist. Program management is happening at Playfair Lodge, unpaid accounts become debt to the Town and our departmental budget.

Administration contacted the Newell Housing Foundation to encourage them to take direct payment from users of the program. This request was denied. Newell Housing Foundation stated that if the program is to continue, it shall be fully managed by the Town.

MEALS ON WHEELS

Meals on Wheels is a service that provides hot, fresh meals to community members on an ongoing basis, available to those who may be unable to cook, have health problems, or are simply wanting to enjoy the service. From what we have been told, the program is supported by FCSS and coordinated with Newell Housing Foundation through the Playfair Lodge.

The Town has an agreement with the Newell Housing Foundation for the term of January 1, 2023 – December 31, 2023. The agreement does not detail the program or any roles and responsibilities.

In recent communication it has become apparent that changes are required to program delivery and maintenance. Newell Housing Foundation has made it clear that they do not want Playfair Lodge to have responsibility in the of the administration of the Meals on Wheels program. Moving forward, new clients will be directed to FCSS. This will alter the delivery of Meals on Wheels should FCSS choose to continue this program.

CURRENT PROGRAM DELIVERY

Participants of the program can call Playfair Lodge to order their meals, these are available Monday through Friday, with no availability on weekends or statutory holidays. The meals are delivered by the volunteer driver of the day at no charge. Playfair Lodge keeps a record of meals to participants on a month-to-month basis and arranges the transportation of the meals. At the end of each month, Playfair Lodge invoices the town for the participants meals. The town remits payment to Playfair Lodge and then invoices the participants directly, thus acting as the intermediary.

The number of program participants ranges from 3-10 per month, at a cost of \$10.86 per meal. Costs tend to increase on an annual basis.

HOW DO OTHER PLACES DELIVER THE MEALS ON WHEELS PROGRAM?

The Meals on Wheels program in Brooks is subsidized by Grasslands FCSS, all administration and program facilitation is provided through Seniors Outreach Society. This means Grasslands FCSS simply provides some financial backing to allow for a sliding scale of meals based on income levels.

CLARIFICATIONS AND CONSIDERATIONS

1. How does the board feel Meals on Wheels contributes to our community?
2. FCSS is financially responsible in the event of defaulted payment? How will this be maintained with in the budget?
3. Grasslands FCSS provides grant funding to subsidize the Meals on Wheels program through Seniors Outreach, this helps provide a "Sliding Scale" for meals based on participant income levels. Would it be possible to have a sliding scale?

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in program development.

ATTACHMENTS

1. MOW Contract 2023 - Executed

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

This Agreement is made between:

BASSANO FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS) and the **NEWELL HOUSING FOUNDATION**

INTRODUCTION:

- 1. The Newell Housing Foundation and the Bassano FCSS agree that it would be in their mutual benefit, and in the best interest of the community that the meals for the Bassano FCSS Meals on Wheels Program be provided by the Newell Housing Foundation.

TERM OF AGREEMENT

- 2. This agreement comes into effect on **January 1, 2023** and remains in effect until **December 31, 2023**.

PAYMENT OF MEALS ON WHEELS

- 3. The rate per meal shall be \$10.86 which is billed to the Town of Bassano.

RECORDS BILLINGS AND REPORTS

- 4. Newell Housing Foundation shall maintain accurate and up-to-date records of the number of meals delivered to clients. The Bassano FCSS or it's auditors shall have the right to inspect such records at any time upon a reasonable notice during the normal business hours of Newell Housing Foundation at the Newell Housing Foundation office.

SUBCONTRACTING

- 5. Newell Housing Foundation will not subcontract or assign its interest in this Agreement to any other party without the prior written consent of the Bassano FCSS.

TERMINATION AND NOTICE

- 6. The parties agree that either party may cancel this agreement upon one hundred twenty (120) days written notice to the other party.

These terms and conditions have been read and agreed to by:

BASSANO FAMILY AND COMMUNITY SUPPORT SERVICES



Amanda Davis, CAO

November 2, 2022

Signature

Date

NEWELL HOUSING FOUNDATION



Sasha Loenter

November 2, 2022

Signature

Date



OPEN DISCUSSION

Meeting Date: April 3, 2023
Agenda Item: 9.2

June 2023 Programming – Part 1 – Small Town Smoke Down

BACKGROUND

The Town held its first Small Town Smoke Down in June, 2022 bringing in over 250 people to the BBQ competition; it was a fun filled family event. FCSS participated by hosting a children’s program on the Saturday that included, bubble wands, painting with squirt guns, and Twister. Games were held in the greenspace near the sport court.

The BBQ competition will be an annual event running the first weekend in June.

Through the promotion of FCSS programs at this event, we have an audience available that reaches beyond our community. We have an opportunity to add diversity to programming by creating opportunities for collaboration.

It is possible for FCSS to meet multiple priorities during the event. We may accomplish this through ensuring programs meet more than one objective, prevention with a service, awareness coupled education. Below are some program ideas that could be facilitated by FCSS at the 2023 Small Town Smoke Down BBQ Competition.

PROGRAMMING OPPORTUNITIES

Mocktails Booth – Southeast Fetal Alcohol Network

Fetal Alcohol Spectrum Disorder (FASD) is preventable through non-exposure to alcohol during pregnancy. FASD causes lifelong effects including physical, behavioral, and learning difficulties. Children who have FASD can experience significant challenges communicating, difficulty with language affects social communication and academic learning. At current, 4% of the population are diagnosed with FASD, that begs the question how many more suffer silently? Through prevention we can further reduce the likelihood of FASD.



A secondary element in the incorporation of a Mocktails Booth is reinforcing “Don’t Drink and Drive”. There is roughly **1,250-1,200** people killed, and more than **63,000** are injured in Canada each year. Recent statistics reveal that more than **55%** of fatal car accidents in Canada are caused by impaired driving, per MADD Canada.

Is there more bad news? Yes, Canada's drunk driving deaths are still the highest across all developed countries. In a study by the U.S. Centers for Disease Control and Prevention, it ranked Canada first for a whopping **34%** of all motor deaths related to alcohol, in cases where the risks leading to death was known.

In collaboration with the Southeast Alberta Fetal Alcohol Network (SAFAN), we could offer a Mocktails booth. SAFAN would provide 2 staff to bring preventative materials and drink preparation requirements to facilitate the booth. FCSS would be responsible to provide drink ingredients, and cups/straws. The outcome would result in a tasty, educational treat.

Drinks could be offered free, a small fee, or by donation. If the board likes the idea of having a Mocktail Booth, we must determine if the program will be free or subsidized, running only on the Saturday.

Kids Olympics

Being physically active throughout the day has many benefits such as improving brain health, strengthening bones, muscles and connective tissues, lowers the risk of disease and contributes as an overall mood booster. To help keep children engaged and active during Smoke Down festivities, FCSS could host a Kids Olympics at the Kinsmen Park with the use of the sport court. Some suggested activities include gunny sack hop, jungle gym climb, ping pong ball on a spoon race, swat the balloon race, bean bag shotput, and pool noodle hurdles. To add to the fun children would be able to win a mini chocolate bar medal.



Indigenous Crafts/First Nations Health Consortium

The First Nations Health Consortium is an Alberta- wide organization that was developed to improve the access to health, social, and educational supports and services to First Nation and Inuit children living both on and off reserves throughout Alberta. They are striving to raise public and community awareness to their service coordination and Jordan’s Principle: a child first initiative.

Bassano is a direct neighbor to Siksika Nation, our school is comprised of 1/3 indigenous children. FCSS can continue to solidify collaborations, communication and positive relationships through utilizing opportunities that allow for growth, awareness, and appreciation.

Kim Wolfleg with the First Nations Regional Health Consortium has been in contact, she is excited to have an opportunity to provide knowledge surrounding the First Nations Health Consortium. She has also begun to spread word of the Small Town Smoke Down in hopes local artisans sign up as vendors to showcase indigenous culture.

FCSS has an opportunity to connect some of these pieces through our programming at Smoke Down. We could do this through a variety of different ways, ideas include:

- Medicine Wheel story with supplemental wheel creation



Following a young boy who is listening to the stories of his mooshum (grandfather), *Medicine Wheel: Stories of a Hoop Dancer* encourages children to connect with the symbol and understand inclusion of all cultures by learning along with this young boy and his friends, who come from across the world to hear the story. Accompanied by vibrant illustrations, *Medicine Wheel: Stories of a Hoop Dancer* engages children and allows them to start relating to the world in new and exciting ways.

- Beading craft - Beading has a very long artistic and cultural history among the Indigenous people in Canada. Beads are playing an integral role in repairing cultural ties and spiritual beliefs to Indigenous artists. Beadwork has been and will continue to be significant in representing Indigenous resiliency as well as highlighting the distinct cultural value of Indigenous peoples.
- Incorporation of Indigenous Games into the Kids Olympics -
 - Make the Stick Jump (Blackfeet)
Who doesn't love the idea of making sticks jump? Five sticks approximately eight inches in height are stuck into the ground at different distances from a line. Each stick has between one and five lines painted or drawn on it. The closest stick will have the smallest number and the farthest stick the highest. One at a time, kids stand behind the line and take turns throwing rocks, bean bags, or hacky sacks at the sticks. If an object hits a stick directly, it will make the stick "jump" and points are awarded for that stick.

- One Foot High Kick (Inuit)
This game involves jumping, walking, running, balancing, and kicking, and can be played with kids of all ages. A target, usually a ball, is hung by a string or rope from a support. Players take turns trying to kick the target with one foot and landing on the foot with which they kicked. The target is raised until only one person can kick it. Participants can stand still to kick or can walk or run and jump at the target.

CLARIFICATIONS AND CONSIDERATIONS

FCSS's vision and mission statements both reiterate that we are a strong partner in a healthy community through proactive partnerships and preventative programming. To this commitment, we can expand our programs at the Smoke Down event.

Preplanning and advance booking is necessary to secure programs and collaborations with facilitators. In my experience most organizations are booking services 6-8 months in advance of facilitation dates.

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in program development.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

2023 BIKE SAFETY RODEO

BACKGROUND

Bike Safety is an extremely important topic for little ones, learning how to properly ride, safety equipment and knowing best practices to ensure their safety while riding. On average 74 Canadians die in cycling collisions each year, 73% of those incidents involved collision with a motor vehicle, with at least half of riders not wearing a helmet.

Spring is creeping into Southern Alberta, and many are getting ready to hit the roads for a nice relaxing bicycle ride. Soon Bassano will be bustling with bicycles going back and forth to school, a friend's house, or the store for some ice cream. FCSS has provided the Bike Safety Rodeo for many years, historically FCSS has collaborated with Bassano School, RCMP, Brooks Safe Communities and AHS to ensure our youth receive this lifesaving information.

DELIVERY

Program delivery has varied from year to year, along with changes in collaborations. Event timing has also been a critical factor in delivering a successful event to our residents.

In previous years, FCSS provided the Bike Safety Rodeo during a school day in June, collaborating with Bassano School, the local RCMP or Brooks Safe Communities. Last year we hosted the Bike Safety Rodeo in August at the sport court in collaboration with Brooks Safe communities, while the program facilitation was on point, we experienced extremely low participation.

CLARIFICATIONS/CONSIDERATIONS

Does the board wish to continue to deliver the bike safety program? If so, is this an annual event that we can develop a policy for so that it is ongoing and consistently planned?

- How has event timing impacted the ability to reach our youth?
- Are existing collaborations continuing to provide a quality program to our community?
- Is this a program FCSS would like to offer again this year?
- Is it possible to return to hosting this program in collaboration with Bassano School?

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in program development.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO



DECLARATION

In honour of the past, present and future contributions of the seniors of this community and throughout Alberta, I hereby declare June 5 – 11, 2023 to be Seniors' Week in

Bassano, Alberta

Community

Irvin Morey, Mayor

Official Title

Official Signature

The Honourable Jeremy Nixon; Minister of Seniors, Community and Social Services