

FCSS Agenda

September 6, 2022 at 3:30 p.m.

Town Office Council Chambers 502 -2nd Avenue



VISION

Bassano FCSS is a strong partner in a healthy community.

Mission

Bassano FCSS works to build a strong community through locally driven proactive partnerships and preventative programming.

1. Call to Order

2. Attendance and Regrets

3. Adoption of Agenda for

4. Adoption of Minutes

4.1 June 6, 2022

5. Financial Summary

5.1 August 31, 2022

6. Director's Report

6.1 For the period ending August 31, 2022

7. CAO Report

7.1 For the period ending August 31, 2022

8. Unfinished Business

8.1 2022 Community Registration Night – Open Discussion

8.2 2022 Halloween Programming – Open Discussion

9. New Business

9.1 2022 Truth and Reconciliation Day

9.2 International Older Persons Day

9.3 World Mental Health Day

10. Correspondence

10.1 Brooks Newell Region 55+ Summer Games 2023

11. Meeting Adjourned

Next Meeting Date: October 3, 2022 at 3:30 p.m.

MINUTES OF THE REGULAR BASSANO FCSS ADVISORY BOARD MEETING HELD on June 6, 2022

ADVISORY BOARD MEMBERS

- Juanita Pierson
- Christine Petkau
- Tammie Hauck
- Alice Slomp
- Evelyn Jensen
- Sandra Mitchell

ADMINISTRATION

- Victoria Muhlbeier, Director

1. CALL TO ORDER

Chair Tammie Hauck called the meeting to order at 3:38 p.m.

2. ATTENDANCE AND REGRETS

None

3. ADOPTION OF AGENDA

FCSS035/2022 Moved by **Christine Petkau** that the June 6th, 2022 agenda is approved as presented.

CARRIED

4. MINUTES OF FEBRUARY 8th, 2022

FCSS036/2022 Moved by **Evelyn Jensen** to approve the minutes of the May 2nd, 2022 FCSS Advisory Board meeting as presented.

CARRIED

5. FINANCIAL SUMMARY

FCSS037/2022 Moved by **Sandra Mitchell** to approve financial summary for the period ending May 30th, 2022 as presented.

CARRIED

6. DIRECTOR'S REPORT

A director's report for the period ending May 30th, 2022 was presented. The FCSS Board reviewed the details of the upcoming Seniors week and decided that Sandra, Evelyn, Tammie and Alice would assist with volunteering for the event. The FCSS Board discussed details about the Bike Rodeo and confirmed it will run over the summer in partnership with AHS.

FCSS038/2022 Moved by **Tammie Hauck** that the FCSS Directors report for the period ending May 2nd, 2022 is approved as presented.

CARRIED

7. CAO REPORT

7.1. None for Current

8. UNFINISHED BUSINESS

8.1. None for Current

9. NEW BUSINESS



9.1 None for Current

10. CORRESPONDENCE

10.1. None for Current.

11. MEETING ADJOURNED

FCSS038/2022 Moved by **Tammie Hauck** for adjournment of the regular meeting at 4:39 p.m.

CARRIED

Chair Signature

Director Signature

Unapproved



TOWN OF BASSANO

(51) FCSS Department

Town of Bassano

YTD

General Ledger	Description	2022 Budget	2022 Actual	2022 Budget Remaining \$
Revenue				
1-51-00-410-00	FCSS - TICKET/COURSE FEES	0.00	0.00	0.00
1-51-00-590-00	FCSS - OTHER REVENUE	(2,500.00)	(213.00)	(2,287.00)
1-51-00-590-03	FCSS - DONATIONS	0.00	(115.00)	115.00
1-51-00-595-00	FCSS - COMMUNITY CHRISTMAS DONATIONS	(6,015.00)	(40.00)	(5,975.00)
1-51-00-840-00	FCSS - CONDITIONAL GRANT	(39,505.00)	0.00	(39,505.00)
1-51-00-850-00	FCSS - GRASSLANDS FCSS /TOWN CONTRIB.	(22,350.00)	(22,350.00)	0.00
* TOTAL Revenue		(70,370.00)	(22,718.00)	(47,652.00)
Expenses				
2-51-00-110-00	FCSS - SALARIES	56,210.00	32,654.13	23,555.87
2-51-00-130-00	FCSS - EMPLOYER CONTRIBUTIONS	3,893.00	2,450.87	1,442.13
2-51-00-135-00	FCSS - AUMA BENEFITS	6,227.00	3,122.88	3,104.12
2-51-00-137-00	FCSS RRSP CONTRIBUTION	1,200.00	600.00	600.00
2-51-00-150-00	FCSS - ADM TRAINING & EDUCATION	500.00	800.00	(300.00)
2-51-00-200-00	FCSS PROGRAMS	10,625.00	3,249.11	7,375.89
2-51-00-211-00	FCSS -TRAVEL/LODGE/PHONE & BOARD DEVEL.	2,215.00	1,178.58	1,036.42
2-51-00-220-00	FCSS - ADVERTISING & MEMBERSHIPS	400.00	356.15	43.85
2-51-00-510-00	FCSS - GENERAL GOODS & SUPPLIES	3,800.00	3,868.92	(68.92)
2-51-00-595-00	FCSS - COMMUNITY CHRISTMAS	5,000.00	0.00	5,000.00
2-51-00-710-00	TSF TO FCSS RESERVE	0.00	9,310.14	(9,310.14)
* TOTAL Expenses		90,070.00	57,590.78	32,479.22

*** End of Report ***

FCSS Director's Report

Period Ending: August 31, 2022

Prepared By: Amanda Barron, Director

Supporting Community Members



SUPPORTS

Seniors Benefits

During the month of August, we supported 5 community members with Seniors Benefits.

PROGRAMS

Bike Rodeo

The event was well planned and executed, however, participation was low with 4 children.

Future Consideration

- Continue to work with Alberta Health Services.
- Review event timing, perhaps late June.

Active August and Parade of Garage Sales

We had 26 registrants for the Parade of Garage (POG) Sales. There were 2 cancellations after the Route Map release date. Positive reviews from the community on this event.

Future Consideration

- Continue to run the program.
- Schedule it around local events to draw more attention to the area.

Kick it to the Curb

Posters and Facebook posts are circulating to promote Zero Waste. Options for donating unwanted items were added. A nice follow up to the POG to help people declutter and recycle.

INITIATIVES

Welcome Wagon (WW)

WW packages are being developed. We have been unable to connect as a sub-committee. I will bring a few examples of the WW packages to the meeting to review with the board and to obtain further direction on what should be included.

PROFESSIONAL DEVELOPMENT

Director Training

Internal training is provided by Amanda Davis, CAO. In addition to internal training, I have engaged in one-to-one support work and am enrolled in (and continue with) various external initiatives, all of which are summarized below.

Former FCSS Director, Victoria Muhlbeier was contracted to provide one-to-one training specific to FCSS programs and services. We spent a week together to familiarize the operating systems, procedures, and outcomes. The contact obligations were fulfilled.

FCSS Director's Report

Period Ending: August 31, 2022

Prepared By: Amanda Barron, Director

Supporting Community Members



Other training includes:

- Microsoft introduction to Excel, Word, and Outlook
- A-Z Grant Writing
- Non-Profit Management
- Project Management Fundamentals
- QPR Suicide Prevention

Mental Health First Aid training was cancelled. I anticipate that the training will be rescheduled later this year.

GENERAL UPDATES

Partnership and Introduction

I recently met with the new administrative team at the Newell Further Education at their request. At the meeting, they presented a grant opportunity through the Community Foundation of Southeastern Alberta to facilitate different types of basic life skills (e.g. knitting and cooking classes).

To advance any potential partnership, we provided background information on the purpose of FCSS and asked for the same from their organization. We invited them to submit a formal letter of the proposed grant by August 31, 2022 to be presented to the FCSS Advisory Board. At the time this report was prepared, no response was received.

UPCOMING PROGRAMS

National Truth and Reconciliation Day September 10th, 2022

International Day of Older Persons October 1st, 2022

World Mental Health Day October 10th, 2022

Halloween October 31st, 2022

Attachments

1. None



MONTHLY CAO REPORT for FCSS BOARD

Meeting: September 6, 2022

Agenda Item: 7

Amanda Davis, Chief Administrative Officer

Report period ending August 31, 2022

Human Resources

In collaboration with the personnel committee members, Amanda Barron was hired as the FCSS Director. She started on August 3, 2022 and is moving through the three-month standard probationary period. Amanda is well versed in programming, and we will develop her administrative skills over the next 12+ months. Over the next year, we will work closely to ensure she has a solid foundation to be successful in this role.

She is enrolled in a variety of training programs, and this will continue for the next 6-12 months. The personnel committee was aware of the training requirements throughout the hiring process. Amanda has settled into this role and is a quick and dedicated learner.

The former FCSS Director, Victoria Muhlbeier was contracted to provide specific one-to-one training with Amanda related to FCSS supports, programs, social media, and reporting requirements.

With the combined level of involvement, it is important to engage in a round table discussion at the meeting to understand the needs of the board as we move into the Fall as this is the first session after the summer break. We will navigate the transition to welcome Amanda into the position to serve the needs of the board and the community.

Please be prepared to have an open discussion. Here are some questions to guide your thinking:

1. How would you like to be engaged by the FCSS director regarding operations, programs, or to provide general updates? Let us gain a consensus, phone, email, or text message.
2. What are your expectations of the FCSS director's engagement? The monthly board meetings are structured to provide upgrades, to help the board plan for programs, and to debrief programs and events. Is this working for the board?
3. Not all programs will require the boards direct involvement. For example, online information sessions are planned for suicide prevention in September. How would the board like to be informed about sessions that may not require volunteer supports?

4. How would you like to be engaged during FCSS board led programs? What are the strengths of each FCSS board member?
5. How satisfied are you with the level of programming? Describe what has worked well, where areas could be improved, and what you hope to see moving forward.
6. How many FCSS board programs and events would you like to see per month? Explain what that looks like. Do you prefer in-person or online programs or both?
7. It has been observed that the FCSS board is interested in programs, events, and initiatives. Initiatives would include the Welcome Wagon packages. How would you like to see the FCSS directors' time split between programs, events, and initiatives?
8. If the FCSS board prefers to include more initiatives such as the Welcome Wagon, which option would be the most effective in its delivery:
 - a. The FCSS board votes on an initiative after a thorough discussion. The FCSS director summarizes what the board seeks to achieve and prepares an initiative outline, completes the task, and provides it at a following meeting. At the meeting, the FCSS board would review/approve the initiative, and make changes where necessary. OR
 - b. A sub-committee is assigned to work on an initiative. The sub-committee dedicates times to work in a small group with the FCSS director to deliver outcomes established by the FCSS board. Members of the sub-committee are assigned jobs to fulfill the project within a government format. OR
 - c. A sub-committee is assigned to oversee an initiative. The sub-committee dedicates time to work in a small group with the FCSS director to deliver initiative outcomes. The sub-committee provides final approval of the initiative based on authorities granted by the FCSS board. The sub-committee members act as the initiative overseers and would not be assigned specific tasks.

Understanding the FCSS board's vision regarding initiatives will help us plan. It is expected that this may be decided on a case-by-case basis however, clarity upfront is needed. Use the Welcome Wagon package as a current example. Does the FCSS board want to see Welcome Wagon packages prepared and available, or does the FCSS board want to be involved in making Welcome Wagon packages?

9. Are there any community partnerships that you are passionate to see formed?
10. Are there any specific demographics that you feel are underserved that we need to focus on supporting?
11. Describe your experience as a volunteer FCSS board member over the past 2-years. Has your time been valued? Are you satisfied with the number of hours required? Were you over engaged or under engaged?

To show appreciation to Victoria Muhlbeier for her years of service, a staff luncheon was held. We gifted her a large bouquet of flowers from the Town. Would the FCSS board like to facilitate anything further in recognition? If so, what?

Lagoon Project Update

It is finally here, the ribbon cutting ceremony and the completion of the lagoon upgrade. Join us for this monumental day.

Lagoon Project Ribbon Cutting Ceremony

The time has come. Every challenge has been crossed. The 12+ year lagoon project is complete. This means we can move onto a roads and deep utility service project. We got to the finish line!

Please join council, administration, White Fox Group Ltd., and MPE Engineering for a ribbon cutting ceremony at the lagoon.

WHEN September 12, 2022, at 9:30 a.m.

WHERE Meet us at the entrance of the anaerobic cells off the old TransCanada highway driving east past Range Road 183 towards Highway 1. Look for Town vehicles and an entrance arrow.

WHO Everyone welcome

Those that wish to attend should have closed toed, sturdy footwear. This is a standing event and will require walking on uneven ground. The ceremony will conclude by 10:30 a.m. No registration required.

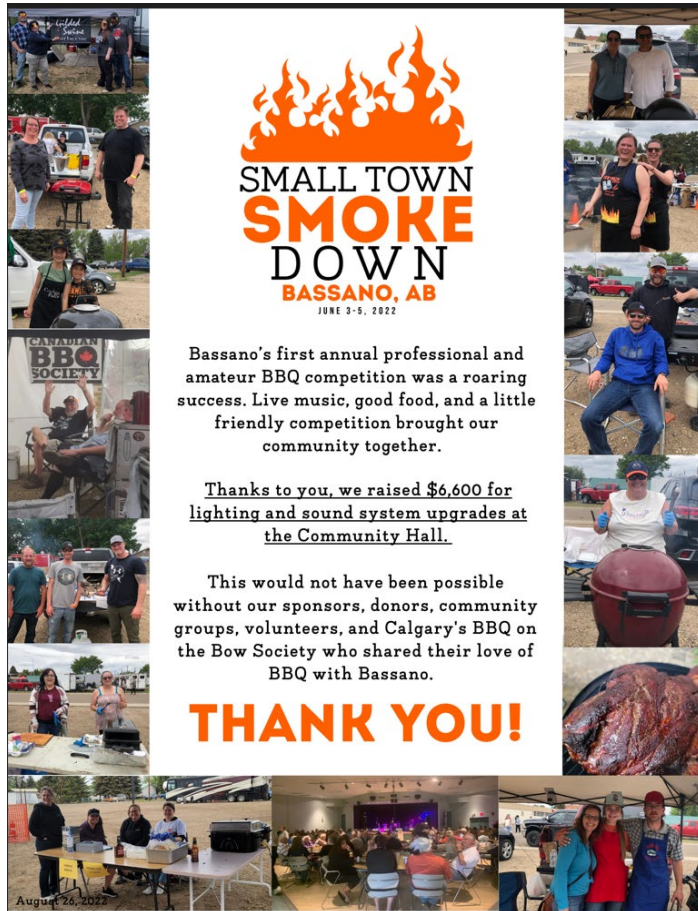
We hope to see you there!

Recreation & Leisure Master Plan

The Town's applications to the Municipal Climate Change Action Centre program were approved for energy efficient lights at the Joint Use Facility and the Recreation Complex. \$29,076 will be directed towards the project. Upgrades are slated for the Recreation Complex in September. This action contributes to our goal to help lower operating costs at the recreation facilities.

Small Town Smoke Down BBQ Competition

The event was a success with the proceeds of \$6,600 dedicated to the Community Hall Energy Efficiency Upgrades. Council approved a partnership with the Bassano Arts Council to plan the upgrade which will include interior lighting, stage lights, and a sound system.



The Town will host the BBQ competition again June 2-4, 2023. We invite the FCSS board to participate in the event again next year. Please confirm your interest to participate by December 31, 2022 to Sydney Smith (assistant@bassano.ca) and what you would be interested in doing.

General Updates

- Staff are working on the blade sign (street markings) project. The votes were in with most respondents selecting blue curved signs. It is anticipated that the project will move forward in the fall.
- Three new volunteer members were appointed to the fire department: Eric Baer, Donald Cornell, and Matthew Kelly.
- All development packages are complete under the new Land Use Bylaw. Local businesses are recognized in the packages to promote a “shop local” philosophy.

- The Bylaw Enforcement division has focused on long-standing property issues this summer under the Land Use Bylaw and the Community Standards Bylaw among other bylaw priorities.
 - 249 – 3rd Avenue (abandoned and derelict vehicles) – Orders have been appealed. If owners do not meet extended timeline of September 30, 2022, the Town may proceed with legal action.
 - 729 – 3rd Avenue (abandoned and derelict vehicles) – compliance will be met by September 30, 2022
 - 433 – 2nd Avenue (use and unsightliness) – all Orders were appealed by the property owner. A decision from the Subdivision and Development Appeal Board is forthcoming. Where matters remain non-compliant after all final decisions are rendered, the Town may proceed with legal action.

- Council is in the process of reviewing various bylaws and has directed updates to the Dog Control Bylaw. A draft update will be reviewed at their September meeting.

- The pool is now closed for the season.

- On behalf of all member municipalities, the Brooks Region submitted a bid to host the 2023 55+ Summer Games. Council expressed their support for the bid and may contribute financially once it is confirmed that events will be held in Bassano. We were recently notified that the bid to host the games was approved. As the FCSS board plans programs for 2023, this may be a great opportunity to facilitate around mental and physical health and wellness. Updates will be provided as they become available.

- Two new development incentives were approved to encourage the clean-up of derelict, vacant, and abandoned residential properties as well as to support the backyard suites. Residents are eligible for up to \$20,000 in tax credits when combining the incentives.

- White Fox Group Ltd. was awarded a contract to clean up and build a stockpile yard near the transfer site for the public works department. The area will be used for municipal activities only. Project funds: Municipal Sustainability Initiative – Operations = \$33,000



Attachments:

1. None



OPEN DISCUSSION

Meeting Date: September 6, 2022
Agenda Item: 8.1

2022 Community Registration Night

BACKGROUND

I have spent time trying to familiarize myself with the background on Community Registration Night after reading through minutes and reports between January and March 2022. Within the FCSS Director's report, it stated another event was proposed to be scheduled for August of 2022, however, I could not find any further communications about facilitating this event.

It is my understanding that the first event helped to promote visibility of the available recreation and leisure opportunities in Bassano. I need clarification from the board regarding a second Community Registration Night. Specifically, its purpose, when the board would like to see the event take place, and your expectations.

Clarification and Considerations

- What is the purpose of the Community Registration initiative? Is it to bring awareness to recreation and leisure in Bassano? Or is it to identify volunteer opportunities and to help place people in volunteer roles?
- How was the need for the Community Registration initiative identified? What are the user groups expectations of Bassano FCSS?
- Is there measurable data available from user groups? For example, their need for new volunteers/members, enrollment numbers?
- How much exposure did we facilitate at the first event?
- Are we using effective event timing if the purpose is to help with recreation and leisure registration? Said another way, have we looked at program registration deadlines?
- Does the community require multiple events through the year, or would an annual basis be sufficient?
- During this open discussion, it is important to consider limitations as I am registered in many training programs as part of my onboarding requirements.

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in a program summary to clarify the purpose and outcomes of this initiative to the board.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO



OPEN DISCUSSION

Meeting Date: September 6, 2022
Agenda Item: 8.2

2022 Halloween Programming

BACKGROUND

In 2021 Halloween Programming faced significant challenges due to the Covid -19 Pandemic. Now that restrictions have eased, and people are returning to their usual everyday life it is possible to expand with our programming.

Halloween is an exciting and adventurous time for people of all ages. Halloween less commonly known as All Hallows' Eve, or All Saints' Eve, is a celebration observed in many countries on October 31st. Halloween is said to have its roots in an ancient Celtic celebration in Ireland and Scotland called Samhain. Samhain marked the end of summer. People at the time were frightened of evil spirits. They would dress up in costumes and make noise in the streets to make the spirits go away. In our modern culture it is a time when people dress up in costumes, go trick-or-treating, and carve jack-o'-lanterns from hollowed out pumpkins. Ghosts and witches are popular costumes of the children who go from house to house saying, "Trick-or-treat!" The treat is usually candy.

We have capacity to facilitate and program a Halloween event in 2022 if it is a desire of the board. Halloween falls on the last Monday of the month.

Possible Programs

- Trunk or Treat – maintain covid friendly
- Halloween Parade Downtown – ask downtown core to participate and hand out candy from a set time, play music and have the kids trick or treat parade style
- Pumpkin Carving Competition – host a one-night event a week before Halloween.
- Spooky Sensory Journey – create a haunted house style room with all sorts of touches, taste, movement, and sound stations. Can be planned on or before Halloween.
- Halloween Costume Competition – online, tag Bassano Family and Community support Services in your picture and the board will decide winners for a small prize. This will promote people to follow our page.
- Bassano FCSS will hand out candy at the Town Office

Considerations

- What time investment is the board able to provide for a Halloween program?
- Would we be able to enlist more volunteers if we choose a larger scaled program?
- Would we want to do multiple events?
- Program budget – with limited events and a transition with staffing, our program budget remains large with up to \$6,000 available before yearend.
- Historically what was community engagement like for Halloween programming?
- Is the board wishing to pursue Halloween programming?
- Preferred location?
- Who is our preferred target audience (what ages and why)?

This open discussion is intended to provide guidance and direction. The outcome of the discussion will result in a program summary to help the board choose programming based upon financial capabilities, available volunteers, and measurable outcomes. There is enough time to finalize a program between now and the October board meeting.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO



REQUEST FOR DECISION

Meeting Date: September 6, 2022
Agenda Item: 9.1

2022 Truth and Reconciliation Day

BACKGROUND

An information request was emailed to the board on August 9, 2022, regarding a program for Truth and Reconciliation Day. The submission was premature. Please refer to the respective RFD.

What is the story behind the National Day for Truth and Reconciliation? September 30, 2021, marked the first National Day for Truth and Reconciliation, a day that coincides with Orange Shirt Day. It recognizes the tragic legacy of residential schools, the missing children, the families left behind and the survivors of these institutions.

In Bassano, we have connections with the indigenous community through Siksika Nation. By observing Truth and Reconciliation Day we can foster reconciliation and healing on the foundation of truth telling. We can also address some struggles of generational trauma and methods of self-care and coping skills.

Bassano School has historically run a short program around Truth and Reconciliation Day. In 2021, Town Council acknowledged the same and observe September 30 as a statutory day. Last year, FCSS completed a reconciliation display at the Town Office and wrote letters/poems on the sidewalk.

We may ask ourselves, why is this day important to the community? Siksika Nation is our neighbor, they too help maintain our schools, support local businesses, and contribute to our community's viability. It is appropriate for FCSS to step into a leadership role to advance awareness around Truth and Reconciliation Day.

Three program options are provided for consideration.

Program Option 1 – Partnership and Speaker

Bassano FCSS in partnership with the Bassano School for Truth and Reconciliation Day could hire a speaker targeting Jr. and Sr. High students. Acquiring this service would be approved by Bassano School. Our contribution would be financial. This event would be run in partnership with the Siksika Liaison Chastity Daniels at Bassano School, pending the school's availability.

- No Board involvement is required.
- Estimated cost for this program is \$650.00
- Date: TBD

Program Option 2 - Take reconciliACTION!

A reconciliACTION is a meaningful action that moves reconciliation forward. ReconciliACTIONS aim to bring Indigenous and non-Indigenous people together in the spirit of reconciliation to create awareness, share, and learn.

As part of FCSS's reconciliACTION we could host an event independently to recognize Truth and Reconciliation Day. The event would be held at the Community Hall and would be targeted to the community at large. Registration would not be required. The event would bring in a speaker to discuss Intergenerational Trauma and fostering healing through truth telling.

Various speaker profiles are attached (9.1.1) that outline engagement content. Securing a speaker would be based on their availability.

Board Involvement would include:

- Set up venue
- Clean up venue
- General event maintenance
- Refreshments

Estimated cost for this program is \$750.00

Date: ideally, we would aim for September 30. This will be dependent upon speaker availability.

Program Option 3

Social media is a valuable tool for sharing information. It has the capability to link people with knowledge, share live activities, and create open discussions. There is an abundance of available resources to create a space for recognition and truth telling.

Forgo in person planning of Truth and Reconciliation Day, opting for online recognition and at Town Office.

- No Board involvement is required.
- Estimated costs are zero.

OPTIONS:

#1 – that the FCSS Director proceeds with planning an in-person event in partnership with Bassano School for Truth and Reconciliation Day, 2022 with FCSS contributing up to \$650 towards a speaker. The event would be run in partnership with the Siksika Nation Liaison, Chastity Daniels at the Bassano School.

#2 – that the FCSS Director plans an independent event to recognize Truth and Reconciliation Day, 2022 under the reconciliACTION framework. The event would include a speaking engagement at the Community Hall for the public at large around intergenerational trauma and fostering healing through truth telling. The program budget is \$750 and attendance shall be offered at no charge. The event date will be dependent upon speaker availability.

#3 – The FCSS Board chooses to forgo in person programming for Truth and Reconciliation Day, 2022 and opts for online recognition and at Town office. The FCSS Director shall plan and facilitate online communications and tools in alignment with Truth and Reconciliation efforts of Canada.

ALIGNMENT WITH OPERATIONAL POLICIES

- P-FCSS006 – Financial Planning Policy (program fits within budget)

- P-FCSS007 – Programming Policy (program logic model, establish advertising timelines)

DIRECTOR COMMENTS:

Each of the options presented meet our required outcomes, however, Option 1 guarantees us an audience. Bassano FCSS has been unable, due to Covid to have partnerships within the school for the last few years, it serves to facilitate a strong working relationship moving forward. Option 2 has a great foundation; I would like time to build upon this idea and make a full day event in the future, with the possibility of including indigenous culture, crafting, and food. Option 3 could be done in addition to either option of completed independently.

PROPOSED RESOLUTION

#1 – that the FCSS Director proceeds with planning an in-person event in partnership with Bassano School for Truth and Reconciliation Day, 2022 with FCSS contributing up to \$650 towards a speaker. The event would be run in partnership with the Siksika Nation Liaison, Chastity Daniels at Bassano School.

Attachments:

1. Program Option 2 - Speaker Profiles

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Janice Makokis

Truth and Reconciliation, Aboriginal and First Nation Expert

Janice Makokis, the oldest sibling of the Makokis family, is a legal scholar, mother and Indigenous consultant from Saddle Lake Cree Nation located in Treaty 6 territory. She holds a B.A. in Native Studies (minor in Political Science) from the University of Alberta, an M.A. in Indigenous Governance from the University of Victoria, and an L.L.B. (Bachelor of Laws) from the University of Ottawa. Janice Makokis currently holds a joint position between Yellowhead Tribal Council and the Faculty of Extension (University of Alberta) as an Indigenous Relations/Policy Advisor/Faculty Instructor and works to develop curriculum/programming within the Faculty's Indigenous programs. She is also an active consultant for many First Nation communities to assist them in any social, governance or legal applications in their communities.

Being an Indigenous woman from a segregated and marginalized community in Northern Alberta, Janice Makokis faced many challenges in and outside of her youth, education, and career. Her brother, Dr. James Makokis who was often bullied as a youth due to him identifying as Two-Spirit, led to Janice also experiencing challenges within and outside of her peer groups. Once Janice went on to pursue her education, she was able to identify rampant discrimination based on race and gender. It was during her education that she and her brother James decided to utilize their struggles and challenge themselves to create and change outcomes for her people.

Before becoming a lawyer Janice Makokis distinguished herself as a scholar. She won numerous scholarships and won many awards including the Assembly of First Nations – National Essay Contest and a NECHI Institute Health Indigenous Daughter Award. She wrote several published articles and has been involved in numerous research studies, with her and her mother being a main contributor to the U of A and their approach to Reconciliation. Through her research, Janice connected to many different types of individuals and organizations that assisted her to gain a clear understanding about social determinants, public policy, governance policy and legal matters that affect the restoration for First Nation peoples. She came to realize that through legal advocacy and educating all Canadian, she could play a major role in reshaping the outcomes and the injustices brought upon and reinforced through colonialism.

She continues to be involved in International and National Indigenous advocacy work through various International bodies and United Nations mechanisms to advance the discourse on Indigenous Peoples' rights. She served as the co-chair/co-coordinator on the North American Indigenous Peoples Caucus (NAIPC) from 2013-2016—a voluntary Indigenous body that makes recommendations to the agenda items to be addressed by the United Nations Permanent Forum on Indigenous Issues. She also played a major role in the Idle No More movement and has followed her mother's footsteps to connect with Canadian Indigenous and non-Indigenous allies to support local and national movements to bring awareness to First Nation issues. Janice is also strongly rooted in her community and culture. She has spent the past 15 years learning about Ncehiyaw (Cree) ways of being and laws from Elders and Indigenous knowledge keepers. She regularly participates in activities/education initiatives within her community while adopting her cultural beliefs and family systems to pass them down to her son. She believes that through cultural teachings, we can reshape our connection with ourselves, our relationships, and our planet. Through her work, Janice assists both Indigenous and non-Indigenous peoples to break down stereotypes and identify colonial systems of the past and that are still in place today that have shaped the outcomes for First Nation communities. She has dedicated her career and her life to her people. She focuses on educating others on the Truth of our history, to guide us all to take the right steps towards Reconciliation for racial, gender and social prosperity. Janice Makokis is passionate and, on a mission, to assist First Nation groups through being a role model, reinstating belief systems destroyed by

colonialism, gaining allies along the way to bring awareness to the injustices faced through the mistreatment and systematic failure for Indigenous peoples in Canada.



Truth and Reconciliation and You

Janice Makokis will customize her presentation to meet your specific needs and organizational goals. She will assess your initiatives, identify your responsibilities, and bridge the gap of understanding to enable you to spring to action for the Reconciliation of Indigenous peoples in Canada.

How does your organization adjust its policies and approaches to engender genuine partnerships with the Indigenous population? How can you continue to expand the TRC for years to come?

The Truth is important. We must Forgive, but never forget our past. Janice takes us on a history lesson to understand the impacts of colonialism and the impacts that still live today. The 90 TRC Calls to Action is a blueprint to commence the restoration for First Nation communities and Indigenous peoples in Canada. Janice will use her experience as a lawyer and during her consulting for the Truth and Reconciliation Commission to research your needs and create an action plan for success.

We all have a role – individuals, professions, public servants and corporations. We all have a responsibility. Learning the Truth is the first step towards reconciliation. Janice's life work and presentations will leave your group with new understandings, perspectives, and commitments towards the advancement of First Nations peoples today and the future.

Anthony Johnson and James Makokis

Team Ahkameyimok! - The Amazing Race Season 7 Winners

Dr. James Makokis is well grounded in all matters relating to Indigenous cultures, traditions, values, and customs. He is one of Canada's leading experts for Canadians and First Nation communities. Dr. Makokis currently heads one of Canada's leading LGBTQ2 and Transgender focused medical practices and commits himself to saving lives through his progressive empathetic approach to medicine. He also incorporates First Nation healing practices to connect the mind, body and spirit for his patients. Dr. Makokis is a leading role model within the medical and Indigenous community and regularly consults numerous organizations on mental health, health access, health and wellness, diversity, inclusion, housing, cultural sensitive medicine, patient focused medical practices, health, social programming, social services and social policies for any institute or organization that is working to create a better experience and equal treatment for all. Dr. Makokis provides information on his struggling years as a youth, and his resiliency to become who he is today. Dr. James Makokis and his partner Anthony Johnson also recently became the first Two Spirit team to compete on the Amazing Race Canada and are both getting national attention for their participation on the show, while bringing new awareness to gender, sexuality and First Nation issues.

Dr. Makokis will provide inspirational stories and practical insights on how his own experience in being excluded and segregated as a First Nation and Two Spirit person. He offers practical insights for teaching others about the importance of culture, spirituality, health, self-confidence, community access, support, and policies to help improve the quality of life for Indigenous and LGBTQ2 peoples. Dr. Makokis has faced off with many Government leaders and is at the forefront of shifting Government and individuals perspectives on Indigenous and Non Indigenous best practices. Dr. Makokis is a leader among Canadian First Nation community and is a primary resource for the Provincial and National Governments and many Alberta Health Service Agencies. Dr. Makokis is always the highlight of every event and often leaves audiences wanting to hear more. Most organizations book him for a keynote and breakout session on the same day.

Anthony Johnson graduated from Harvard University with a Bachelor of Arts in 2008. Johnson's life has been full of dedicating his career and his time to countless numbers of non-profit organizations, social movements, and councils. He also has a very dedicated career as an international businessman. He has recently taken time to slow down and reconnect with his Navajo Heritage. Ideally he would have found work on the reservation, but because the unemployment rate is around 48.5%, it was next to impossible. Thus, he earned money by providing whatever services he could to whoever they would help. Though this initially started as a means to an end, it turned into a meaningful life experience that has taught him the power of connecting with others. Johnson's story is one of hope, overcoming adversity, dealing with racism, activism, community engagement and success. His customized presentations can be presented alone or with his partner Dr. James Makokis, who has a very similar story to Johnson.

Johnson's education and work background is truly inspirational. Johnson delivers sessions that are tailored to the event theme, the desired learning outcomes of the presentation and each member of the audience. His story and his presentations always leave the audience with a stronger understanding of the challenges individuals from the LGBTQ2 and First Nation communities face. He also delivers practical solutions for individuals to better understand their role and responsibility to treat others inclusively and with respect with a strong focus on the importance of prioritizing equality at work and in society. Anthony's presentations focus on LGBTQ2, sexuality, gender, mental health, suicide prevention, addictions, resilience, health and wellness, self-confidence, teamwork, leadership and overcoming adversity.

Anthony Johnson and Dr. James Makokis also recently became the first Two-Spirit team to compete on the Amazing Race Canada and received national attention for their participation on the show, while bringing new awareness to gender, sexuality and First Nation issues. They fought hard challenge after challenge eventually to become the winners of Season 7! They are both now speaking across Canada sharing their stories of their experience on the Amazing Race Canada while continuing to raise awareness and advocate for First Nation and LGBTQ2 individuals.



[From Truth to Reconcili-ACTION: A brief overview of the Truth and Reconciliation Commission and best practices for engaging with First Nations communities](#)

What can you do to help?

The National Day of Truth and Reconciliation is a direct result of the Truth and Reconciliation Commission, who issued a report in 2015 outlining their findings after thousands of interviews with survivors of Canada's Indian Residential School System. A section of the report outlines 94 Calls to Action that serve as a starting point for organizations, individuals and communities to use as a guideline for action as we move forward to address the historic and ongoing injustices of First Nations, Metis, and Inuit. The ultimate aim of these recommendations is to create meaningful Allyship as Indigenous Peoples seek to restore their governance systems, legal orders, and customs. It's a mouthful, we know. It can all be so confusing.

As one of Canada's few Indigenous family physicians and as a Harvard educated community health consultant, Dr James Makokis and Anthony Johnson have first hand experience navigating the various hurdles Indigenous Nations, groups, and individuals are forced to overcome on a daily basis. Their perspective is formed not only through professional efforts, but also through their participation in traditional ceremonies and activism across Turtle Island.

It's this background they brought with them to national television when they won The Amazing Race Canada, using the platform of their success to engage in public dialogue with hundreds of organizations and corporations across Turtle Island about treaty, Allyship, and the realities of life as Indigenous People. Through these public speaking interactions, they've heard a myriad of struggles and successes from community based groups, individuals, First Nations Communities, government entities from the local to federal level, corporations of all sizes ranging from the legal and financial services, construction, healthcare, technology, automotive and beyond.

In this presentation, they share the wisdom they have learned from these stories and provide a pathway to Reconcili-ACTION.

With strong connections to First Nation Communities, continuous work with Government & Corporations across all sectors and with their ongoing community-based work, the couple is able to share a unique perspective to start bridging some of the gaps between those that want to help and those who have been waiting for things to change. They share the personal responsibility anyone can take to make a difference and become a part of the solution through togetherness, unity and ACTION.

Anthony and James are committed to providing information uniquely tailored to the audience they're speaking to and can customize talks with the following points:

- * The historical context from which the Truth and Reconciliation Commission emerged.
- * The Treaty based relationship between First Nations and the Crown.
- * How the TRC is a starting point to improve Indigenous relations in Canada.
- * How the “ TRC 94 Calls to Action” can be a catalyst for the development of more sophisticated policies related to equity, diversity, inclusion and anti-racism, using health care as an example.
- * Case studies related to individuals, organizations and companies who successfully made strides in implementing the Calls to Action in this own unique way.
- * The severe threats Indigenous Peoples face as we continue to fight for our languages, traditions, and societies
- * How colonialism, the Indian Act, and the Doctrine of Discovery continue to negatively impact Indigenous Peoples
- * Best practices for engaging with First Nations and moving beyond performative allyship toward building meaningful relationships and impact from a grassroots perspective.
- * Roles and responsibilities we all have to adhere to specific “Calls of Action”
- * How individuals can support the “Calls to Action” in unique ways, using Anthony and James’ appearance on The Amazing Race Canada as an example



REQUEST FOR DECISION

Meeting Date: September 6, 2022
Agenda Item: 9.2

2022 International Day of Older Persons

BACKGROUND:

International Day of Older Persons is celebrated on October 1st of each year. It serves to raise awareness of the impact of an aging population, the struggles that come with aging in a modern society and a need to ensure people can grow old with dignity. It also serves to highlight the contributions made by older individuals in our society. The definition of an older person is a person who is over 60 years of age.

In 2021, we did not proceed with any event planning. I have not found any specific direction regarding an event for 2022. Being only 3-weeks away, the board may choose to proceed with any of the options provided below. In the future, agendas will include Open Discussions for monthly programming in advance to allow for more board engagement and program facilitation. In the interim, a decision is required to ensure there is enough time to plan and facilitate an event.

October 1st falls on a Saturday. We can program on or around this date.

Program Option 1 – Personal Planning

In consulting with healthcare professionals in Bassano, we have learned of a community service gap - teaching how to support people through their end-of-life journey. Regardless if a person has a loved one, is single, or has a caregiver, not everyone is versed on how to handle these decisions at the time of illness or death. We at FCSS can help bridge this gap and support members in the community and region with personal planning.

In partnership with the Bassano Health Centre, Linda Parrish Physicians Assistant, has offered to provide/facilitate a session on the Goals of Care and Personal Care Directives for the community. We could host the event at the Community Hall or Playfair Lodge. The session would involve a presentation providing health care options and the paperwork requirements accompanied by information about the purpose of having personal directives and would be complimented with coffee, tea, and snacks.

This information session would be for the seniors as well as their family members to ensure they are informed and capable of completing Personal Directives and Goals of Care.

Board involvement would include:

- Preparing refreshments and snack
- Setup of facility
- Clean up of facility
- General Housekeeping/Serving

Estimated program cost: \$300 inclusive of a gift for Ms. Parrish

Date: program as possible to October 1 pending Ms. Parrish's availability.

Location: Playfair Lodge of the Community Hall

Program Option 2 – Dancing Through the Ages

In keeping with our vision statement to be a strong partner in a healthy community, how about a little activity? Considering we have been limited in our ability to provide interactive programming how lovely would it be to take a step back in time, dress in your favorite era and bop the evening away. We are

fortunate to have local talent, Rutsur is a local band with talent through the generations, Bassano FCSS could facilitate "Dancing through the Ages", a street dance. Blocking off traffic on 2nd Avenue from the Community Hall to the Kinsmen Park. The Community Hall could be used in the event of poor weather. Bassano FCSS would provide snacks and drinks for this event as well as seating.

This event would be open to all ages as a celebration of our older generation and recognition of the contributions they have made towards our community.

Board involvement would include:

- Set up venue
- Clean up venue
- Food service protocol
- General event maintenance

Estimated costs for this program: costs to facilitate this program will be available at the meeting.

Date/time: October 2, 2022 from 2:00 p.m. – 4:00 p.m. pending band availability

Cost: \$700 plus refreshments (offered by donation)

Program Option 3 – Guides

As a third option, various information packages (seniors benefits, senior driver, meals on wheels, rental subsidy, etc.) could be prepared and delivered throughout Town that brings awareness to Older Persons' Day. Tables could be set at a few businesses or outside the town office.

Board involvement would include:

- Participate a table and hand out information packages on October 3, 2022 from 1:00 p.m. – 3:00 p.m.

OPTIONS

#1 – That the FCSS Advisory Board proceeds with program option one for 2022 International Older Persons Day to provide an in-person Personal Planning session in partnership with the Bassano Health Centre. The FCSS Director shall arrange event logistics such as a location, the speaker, and a date/time. The session will focus on personal directives aimed for seniors and members of the community at large. Refreshments and snacks will be available. The session will be offered at no charge. The program budget is \$300.

#2 – That the FCSS Advisory Board proceeds with program option two for 2022 International Older Persons Day, and hosts "Dancing through the Ages", a street dance with live entertainment from Rutsur. Refreshments and snacks will be available by donation. The street dance is open to all ages as a celebration of our older generation and recognition of the contributions they have made towards our community. The FCSS Director shall arrange event logistics. The program budget is **\$700**

#3 – That the FCSS Advisory Board proceeds with program option three for 2022 International Older Persons Day with various information packages prepared and delivered throughout Town that brings awareness to Older Persons' Day. Packages will be available at **Town Office** between 1:00 p.m. and 3:00 p.m.

DIRECTOR COMMENTS

None.

ALIGNMENT WITH OPERATIONAL POLICIES

- P-FCSS006 – Financial Planning Policy (program fits within budget)

- P-FCSS007 – Programming Policy (program logic model, establish advertising timelines)

PROPOSED RESOLUTION:

#1 – That the FCSS Advisory Board proceeds with program option one for 2022 International Older Persons Day to provide an in-person Personal Planning session in partnership with the Bassano Health Centre. The FCSS Director shall arrange event logistics such as a location, the speaker, and a date/time. The session will focus on personal directives aimed for seniors and members of the community at large. Refreshments and snacks will be available. The session will be offered at no charge. The program budget is \$300.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Attachments:

1. None



REQUEST FOR DECISION

Meeting Date: September 6, 2022
Agenda Item: 9.3

2022 World Mental Health Day

BACKGROUND

What is the importance of Mental Health Awareness? Whether or not someone personally suffers with a mental health issue, Mental Health Awareness **helps people recognize the ways mental illness impacts their lives, educates people about available services, and highlights ways to advocate.** World Mental Health Day is an opportunity for people to make mental health and well-being a priority as we work towards strengthening mental healthcare so a broad spectrum of mental health needs are met through a community based network of accessible, affordable and quality services and support.

It is recognized on October 10th, 2022.

Program Option 1 – Educational Film

Increased knowledge and understanding builds resilience and capacity to maintain wellbeing. For example, resilience factors such as awareness of signs of stress, knowledge of coping strategies and emotional awareness all promote mental health stability.

Inside Out is an animated family comedy that centers around human emotions. In this way the characters featured in Inside Out could all represent a different mental illness. Sadness is Depression, Fear is Anxiety, Disgust is OCD, Joy is Manic Behavior and Anger is violence issues. While all these emotions help us in some way, too much of any could result in a diagnosable mental illness. This film allows the opportunity for a discussion on why we have all these emotions, their importance, and ways of handling our tough emotions. This event would be hosted at the Community Hall and could include a popcorn and refreshment by donation.

This program would be intended for families viewing on Tuesday October 11th, 2022 from 5:30 p.m. – 7:30 p.m.

Board involvement would include:

- Set up venue
- Welcome and speeches
- Clean up venue
- Food service protocol
- General event maintenance

Estimated cost for this program would be \$150.00

Program Option 2 – Movement in the Park

Self-Care plays a vital role in the reduction of mental health illness. Self-care looks different for everyone. From exercising regularly and eating well through to journaling and seeking professional help when needed, there are lots of ways to keep your mind and body healthy and happy. Another form of self-care and reflection is the perfect way to remind yourself what you are thankful for in your life. For our youth, the ability to express their feelings and understand that all emotions are equally valid as well as giving them tools for managing difficult times.

Bassano has recreational spaces available. We could facilitate a free yoga in the park session, stress ball making, calm down kits for kids. We could run it as a day long event with an hour each session providing a session for each age category. People would be free to move around to participate in desired activities. This event would be hosted in the Community Hall and the greenspace beside weather permitting.

This program is intended for families on October 15th from 1:00 p.m. – 4:00 p.m.

Board involvement would include:

- Set up venue
- Clean up venue
- Participation with activities
- General event maintenance

Estimated costs for this program would be up to \$400

Program Option 3 – Awareness Initiative

Increased Mental Health awareness plays an important role in the de-stigmatization of mental health issues. Stigma, prejudice and discrimination have a significant impact on mental health by impacting ones sense of self worth, this makes a commitment to self-care and reaching for support more difficult. Recognition and Education are important ways to remove the stigma. By creating a space to open the conversation about Mental health we can reduce misconceptions and encourage people to seek support.

If the board feels these options could be saved for Mental Health week an option to is forego in person programming at this time. Bassano FCSS would launch online awareness, supply coping skill information. Set up a display at Town office, with Mental Health buttons and Green Ribbons as a way to show support and ally-ship of mental health.

There is no board involvement required and no cost incurred as I would use existing supplies.

OPTIONS:

#1 – That the FCSS Advisory Board provides an educational movie to bring awareness to mental health, Inside Out. The event will be held on October 11th, 2022 from 5:30 p.m. – 7:30 p.m. at the Community Hall, the event will be offered at no charge to the community at large. Popcorn and refreshments will be available by donation. The program budget is \$150.

#2 – That the FCSS Advisory Board facilitates Movement in the Park to bring awareness to mental health on October 15, 2022 from 1:00 p.m. – 4:00 p.m. The program will include a movement session and craft activity in the greenspace by the Community Hall. The program budget is \$400.

#3 – That the FCSS Advisory Board forgo in person programming at this time and launches an online mental health awareness campaign. In addition, there will be a display at Town office, with mental health buttons and Green Ribbons to show support and ally-ship.

DIRECTOR COMMENTS:

While it would be great to offer a variety of in-depth programming, capacity is limited with internal training and other FCSS events. Thus, it is appropriate to scale back this event to ensure we can properly manage and deliver successful programs.

ALIGNMENT WITH OPERATIONAL POLICIES

- P-FCSS006 – Financial Planning Policy (program fits within budget)

- P-FCSS007 – Programming Policy (program logic model, establish advertising timelines)

PROPOSED RESOLUTION:

#3 – That the FCSS Advisory Board forgo in person programming at this time and launches an online mental health awareness campaign. In addition, there will be a display at Town office, with mental health buttons and Green Ribbons to show support and ally-ship.

Prepared by: Amanda Barron, FCSS Director

Reviewed by: Amanda Davis, CAO

Attachments:

1. None



FOR IMMEDIATE RELEASE

Brooks Newell Region awarded the 2023 Alberta55 plus Summer Games

BROOKS – July 13, 2023

The Brooks Newell Region is excited to announce that their bid to host the 2023 Alberta55 plus Summer Games was a success! The games are scheduled to take place over a 4-day period from August 17th to the 20th, 2023. The various events will be held at venues across the region and will help showcase the recreational and natural assets that the area has to offer.

The bid effort highlighted the variety of facilities and the community's experience in holding similar large events. Dave Finn, President of Alberta55 plus said, "Simply put, it was a unanimous decision to accept and welcome the Brooks Newell Region as host for our next summer games."

The Brooks Newell Region's success at hosting events such as the National Junior A Hockey Championship, the Southern Alberta Summer Games and the Cactus Pheasant Classic, have been driven by a strong commitment from organizing committees, municipal partners, and volunteers. Lisa Tiffin, Manager, Community Development pointed out the opportunities for people and organizations to get involved. "Planning has already started, and we will be letting everyone know how they can get involved either as a participant, volunteer or a sponsor."

The Games will attract competitors from the 8 different zones across Alberta. Each zone requires competitors to qualify to represent their respective regions. Close to 1000 participants will take part in several different sports and activities, including track and field, bocce, photography, tennis, and cribbage to name a few.

Apart from the chance for the community to be involved in an amazing event and to showcase their healthy lifestyle, the economic benefits for the Region will be significant. Sports Tourism has been identified as one of the single largest contributors to the hospitality industry. Hotels, campgrounds, restaurants, and retailers can expect to see a significant boost to their business and the organizing committee and the Brooks Newell Region will be working with them to make the community “Games ready!”

For more information on the Alberta55 plus Games and a complete list of sports and activities, visit www.alberta55plus/games

Follow the [Brooks Newell Region](#) on social media to get updates on the games.

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